

**FREE**

Vol. 23

Issue 38/12

Friday 21st - Thursday 27th Sept 2012



# KINSALE ADVERTISER

INCLUDING THE WEEKLY **WHAT'S ON** GUIDE TO KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com) :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)

Padraig Fitzgerald of PJFitzgerald Insurance announces the launch of



## VALUE FOR MONEY HOME INSURANCE POLICY FOR HOMEOWNERS

### "Cheap as...



(Chips not included!)

#### BASIC COVER EXAMPLE:

- Buildings insurance = €200,000
- Contents = €40,000
- House in Kinsale, built in 1990
- Owner occupied, private residence
- No claims in the last 5 years, 2 smoke detectors.
- Standard construction, In an area free from flooding/subsidence

#### COVER INCLUDES:

Fire, perils, theft, public liability etc. (No flood, subsidence, Heave or landslip cover)

#### GENERAL POLICY EXCESS OF €500.00

**PREMIUM WAS: €272.00**

**NOW ONLY: €243.00**

Source: M.I.S Insurance Services 14/9/2012



...OR YOU CAN CHOOSE FROM A BRAND NEW STANDARD HOME INSURANCE POLICY WITH MORE COVER THAN THE ABOVE RISK INC. SUBSIDENCE, FLOODING ETC. GENERAL POLICY EXCESS OF €500.00

**WAS: €318.00**

**NOW ONLY: €270.00**

Source: Spike Home Insurance Price check comparison 14/9/2012  
Insurance rates vary from month to month.

### ...We can now quote for Cork & Dublin City risks.

subject to terms & conditions.

For a free quote please ring on

## Tel: 021 4772001 / 021 4772332


**PJ FITZGERALD INSURANCE (OPEN DURING LUNCH)**

[www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com) or email: [info@pjfitzgerald.ie](mailto:info@pjfitzgerald.ie)

# Kinsale Yoga Centre

Yoga - Pilates - Tai Chi

## AUTUMN TIMETABLE

<b>MON</b>	10.45am-11.45am <b>Mums, Bums Tums</b> With Silver 085 1136018		6.30pm-7.45pm <b>Yoga For Well Being</b> With Eileen 087 2383849	7.45pm-9pm <b>Yin Yoga &amp; Restoratives</b> With Eileen 087 2383849
<b>TUES</b>	9.45am-11.15am <b>Iyengar Style</b> With Penny 087 9865556	11.30am-12.30pm <b>Over 50s Yoga</b> With Libby 087 9906187 Starts 25th Sept	6.30pm-7.45pm <b>Pregnancy Yoga</b> With Libby 087 9906187 -Course Only- Starts 25th Sept	8pm-9.30pm <b>Back Care</b> With Libby 087 9906187 Course Only Starts 25th Sept
<b>WED</b>	10.30-11.30am <b>Pilates</b> With Rose 087 1332326	<b>Yoga For Kids</b> With Mary 087 7623822 Starts in October	6.30pm-7.30pm <b>Beginners Pilates</b> With Rose 087 1332326 -Course Only- Starts Sept 26th	8pm-9.15pm <b>Hatha Yoga</b> With Rose 087 1332326
<b>THURS</b>	10am-11.15am <b>Hatha Yoga</b> With Rose 087 1332326		7pm-8pm <b>Total Body Tone</b> with Silver 085 1136018	8.15pm-9.15pm <b>Meditation &amp; Relaxation</b> With Rose 087 1332326 -Course Only- Starts Sept 27th
<b>FRI</b>			 <b>For updates and more check out our Facebook page</b>	
<b>SAT</b>	10am-11.15am <b>Hatha Yoga</b> With Rose 087 1332326	11.30am-1pm <b>Tai Chi</b> With Simon 085 1691304		

Private & One-2-One Sessions Available

**STUDIO SPACE IS AVAILABLE FOR RENT  
 CONTACT EILEEN ON 087 2383849**

68 Lower O'Connell St. email: kinsaleyogacentre@gmail.com

[www.kinsaleyogacentre.com](http://www.kinsaleyogacentre.com)



# KINSALE COLLEGE OF FURTHER EDUCATION



*Exciting courses at Kinsale College of Further Education in the following:*

**PROFESSIONAL COOKERY** **NEW**  
FETAC LEVEL 6

**CARING FOR THE ELDERLY** FETAC LEVEL 5  
(this is the only course in Ireland that also delivers the module on Dementia Care and Palliative Care)

**CHILDCARE** LEVEL 5 & 6  
leading to CACHE Award.

**ART** LEVEL 5 & 6

**TV & FILM PRODUCTION** LEVEL 5 & 6

**BUSINESS MANAGEMENT** LEVEL 6

**OPEN DAY**  
**FOR INTERVIEWS & APPLICATIONS**  
**Saturday 22nd September, 2pm to 5pm**

*Improve Your Employability And Career Prospects!*

For Enquiries and Further Details Contact The College:  
Tel: 021 4772275 Email [kinsalefurthered@eircom.net](mailto:kinsalefurthered@eircom.net)

[www.kinsalefurthered.ie](http://www.kinsalefurthered.ie)



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



For all your optical requirements, with professional care & attention!

# KENNEDY'S OPTICIANS

Pearse St., Kinsale



Tel: 021 4773595

Does your child have problems with...



**...DYSLEXIA?**  
**...READING PROBLEMS?**  
**...LIGHT SENSITIVITY?**

Your child may benefit from specialised colour filtered lenses which we can prescribe & dispense at Kennedy's  
 If you need any further information or wish to discuss any of the above please do not hesitate to contact us or call in.

**FREE AMD TEST** for over 50s, available in-store: September 25th-29th

TUES-THURS: 9.30am-5.30pm

FRI: 8.30am-5.30pm

(Closed for Lunch 1-2pm)

SAT: 9.30am-3pm

(Open through Lunch)

Sunglasses • Low Vision Aids • Prescription Sunglasses • Domiciliary/ Home visits  
 Medical Cards/PRSI welcome • Contact Lenses • Coloured Contact Lenses • Safety Spectacles

**FULL EYE EXAMINATIONS INCLUDING:**

√ Glaucoma Screening √ Diabetic Screening if Necessary √ Age Related Macular Degeneration Screening

A one man play by Bill Griffin

# Betrayal

Temperance Hall  
 Sat 29th Sept, 8pm



Betrayal is a one man play scripted & performed by artist Bill Griffin, based on the last years of Vincent Van Gogh's life.  
 Tickets €10, available through:

**THE GALLERY KINSALE**

57 MAIN STREET, KINSALE

T:086 844 8589 thegallerykinsale.com



...view an exhibition of Bill Griffin's art

Thurs 27th September until Wed 3rd October at The Gallery Kinsale,  
 in support of [www.breakthroughcancerresearch.ie](http://www.breakthroughcancerresearch.ie)

# JIM EDWARDS BAR & RESTAURANT



**Food Available All Day from 12pm**

- Bar & Restaurant Menus Available
- Lite Bite Menu
- Special Value Menu
- 2 Courses: €20
- 3 Courses: €25
- Lunch Menu & Daily Specials
- Sunday Lunch €23.90 (4 Course)



**Tel: 021 477 2541**

[www.jimedwardskinsale.com](http://www.jimedwardskinsale.com)

\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*

# The Folk House



Music Venue Guardwell - T: 021 4772382  
[www.folkhousevenue.com](http://www.folkhousevenue.com)



**-LIVE MUSIC-**

**FRI 21st**

**BONE DOG  
BLUES BAND**

4 Piece Blues, Rock Band

**SAT 22nd**

**iFUNK**

5 Piece Funk Rock Covers

**SUN 23rd**

**BIG ORDEAL**

4 Piece Rockin Covers

**TUES 25th**

**RICHIE & SEAN**

From 9.30pm

Lively Folk & Trad

**THURS 27th**

**TREBLE** ...Niall, Mike & Friends.

Happy Arthur's Day!

3 Piece Soul and Contemporary Covers

**FRI 28th**

**INDIGO**

CHECK OUT OUR...

**WORLD  
BEERS MENU**

**UNRIVALED SELECTION INC:**

Fuller's Honey Dew Lager,  
O'Hara's IPA, Old Speckled Hen,  
Hobgoblin Ale,  
London's Pride Ale

**NEW ON TAP:**

O'Hara's Red Ale,  
Stowford Press Westons Cider  
Jennings' Slap & Tickle,  
Metal Man Cask Ale,  
8° Howling Gale, Abbot Ale,  
Carrig Irish Craft Lager

...ALSO UNRIVALED  
**WHISKEY**  
SELECTION!



**ALL SPORTS  
SHOWN  
ON 2 BIG SCREENS**

**ALL PARTIES  
CATERED FOR  
GREEN ROOM  
FROM 3 TO 300**

## **Bacchus** **Nightclub**

Guardwell Kinsale

**FRI 21st SEPT - DJ Garian**

90s Club Classics & Chart. Doors 11:30pm - FREE b4 12:00am

**SAT 22nd SEPT - DJ Sean**

All the Old & New Classics. Doors 11:30pm - FREE b4 12:00am

**THURS 27th SEPT - DJ Mark**

All the Old & New Classics. Doors 11:30pm - FREE All Night

# The Speckled Door

Old Head, Kinsale. T: 021 477 8243 www.speckleddoor.com

**Spectacular Views of Kinsale Harbour**

*from bar, restaurant, patio & beer garden!*



**10 minutes drive from Kinsale**

*Ample Parking & Wheelchair Facilities.*

## Food Served 7 Days

12.30pm - 8.45pm

**~ Seafood & Steaks A Speciality ~**

*Also Kid's Menu & Selection of Sandwiches*

## Kinsale Voice Training Centre **NEW**

*...Do You Like To Sing?  
...Want To Present With Confidence, Strength & Power?*

**Join A 5-Week Workshop Programme:  
ENABLE YOUR VOICE**

How To Keep Your Voice Fit & Healthy  
Breathing / Posture / Movement

Projection / Delivery  
Six Elements Of Vocal Variety  
Vocal Support Exercises  
Voice - Gym  
Articulation / Proficiency

**GROUP WORKSHOPS**

Fridays: Beginners 5.30pm-7.00pm

Fridays: Intermediate 7.00pm-8.30pm

**COMMENCING FRIDAY 28th SEPT 2012**

Email: [marymacsweeneyopera@hotmail.com](mailto:marymacsweeneyopera@hotmail.com)

**Ph: 086 8474479**

*Learn The Tools To Best Use Your Voice With*

**Mary Macsweeney** (B.A H.Dip, Gsmd)

International Voice Coach

at Yoga Centre Kinsale, 68 Lower O'Connell Street, Kinsale

## Ralf's Computer Services est.2002

**Lower O'Connell Street,  
Kinsale, Co. Cork**

*(Between Shanghai Express & The White Lady)*

### COMPUTER & LAPTOP REPAIRS

Spyware & Virus Removal • Data Recovery & Back-up  
Home & Business Networking • Computer Upgrades  
Home & Business On-Site Services

### COMPUTER SALES

Computers • Laptops • Printers • Accessories • Ink toners

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[www.csonline.ie](http://www.csonline.ie)

The only full service Salon in Kinsale

# KINSALE

## Massage, Beauty, Hair & Nail Salon

By Anika  
&  
Sandra

Pearse Street Kinsale (above Eurospar)

Tel: 087 783 9626 [www.kinsalebeautysalon.com](http://www.kinsalebeautysalon.com)

**Now with 2 extra therapists on Fridays & Saturdays**  
*...to meet your massage needs*

~ Beauty ~

### NEW MESOSTYLE FACIAL ....only €65

Mesotherapy treatment without needles!  
Facelifting, skin rejuvenation with  
electroporation. The Mesotherapy  
treatments are the most effective way to  
penetrate active ingredients into the deep  
layer and cells of the skin.  
(6 sessions for the price of 5)

### MICRODERMABRASION FACIAL ...only €50

With free eyelash tint and eyebrow shape

### EYELASH, EYEBROW TINT & SHAPE ...only €18

All waxing services at reasonable rates

~ Massages ~

### BACK-NECK- SHOULDER

(30min) only €20

### MULTI-VITAMIN FULL BODY MASSAGE

(60min) only €40

### SWEDISH MASSAGE

(60min) only €40

### DEEP TISSUE MASSAGE

(60min) only €40

### SPORT MASSAGE

(60min) only €40

### GOLFERS MASSAGE

(60min) only €50

~ Nails by Diana ~

### SPA MANICURE

only €15

### SPA PEDICURE

only €35

### SPA PEDICURE & MANICURE

only €45

### GEL VARNISH

(lasts up to 3 weeks)  
only €25

### GEL/ACRYLIC FULL SET

only €45



### NEW INTENSIFIT

The new generation of  
vibrational trainers (only 10  
mins a day for sufficient full  
body workout)

Do you "hate" exercise – and  
need to lose weight and tone up?  
Or do you have bad circulation  
and need more energy?

**10mins - €5**

Then the 'INTENSIFIT' Trainer is the answer.

#### Benefits:

- ...helps your body to detox and improve mood
- ...improves blood circulation – speeds up metabolism
- ...shapes and defines muscles
- ...reduces body fat and helps to lose weight.

**For best results – 3 sessions a week**

### Thermo Acupressure Massage Bed

(a Medical Aid)

**Treatment takes 40min - €20**

#### Effects:

- Light Therapy • Heat Therapy
- Massage • Acupressure

#### Recommended...

- ...in musculoskeletal disorders
- ...in spinal conditions, rheumatic problems
- ...for the treatment of internal inflammations
- ...in skin conditions (psoriasis, eczema, moles)
- ...in osteoporosis
- ...in allergy, asthma, chronic rhinitis
- ...for weight loss
- ...for immunostimulation
- ...for improving eyesight
- ...for migrainous headache



The 36th  
**Kinsale  
Gourmet  
Festival**



~FRIDAY 12th OCT~

3pm, Cook Off on the Streets of Kinsale



6.30pm, Festival Opening

A Taste of West Cork Dining Experience  
& Laurent Perrier Black Tie Ball

LIMITED  
TICKETS

~SATURDAY 13th OCT~

11.30am, The Mad Hatters  
Taste Of Kinsale.

LAST FEW  
TICKETS  
REMAINING

~SUNDAY 14th OCT~

1pm, Fruits de Mer

LIMITED  
TICKETS

**Participating Restaurants:**

(Bookings being taken at all GFC restaurants for evening dining)

Restaurant d'Antibes @ The White House,

The Blue Haven, Crackpots, Jim Edwards, Max's,

Man Friday, Fishy Fishy, Pier One @ The Trident Hotel,

Toddies @ The Bulman, The White Lady

[www.facebook.com/Good.Food.Circle](http://www.facebook.com/Good.Food.Circle)



Tel: 021 4773571 [www.kinsalerestaurants.com](http://www.kinsalerestaurants.com)

**Another 7lb 10oz reason to take out Life Cover**

Protect your most valuable asset  
Life assurance cover starts from as little as €12 per month. For an appointment contact Pdraig Fitzgerald, PJ Fitzgerald Insurance, 27 Pearse Street, Kinsale, Co. Cork.

Online underwriting, cheaper premiums, quicker cover

**Tel: 021 477 2001**  
**or: 021 477 2332**

[www.pjfitzgeraldinsurance.com](http://www.pjfitzgeraldinsurance.com)

**hurleys**  
ballinspittle

BAR & RESTAURANT, Tel: 021 477 8200

**Good Food Served Daily**

12.30pm-8.45pm

(From 17th September times will be 12.30pm-8pm)

**Pizza & a Pint**  
(or Glass of Wine)  
**Only €10**

Valid Mon-Thurs 8pm-11pm

**HERBALIFE.**  
Independent Distributor

**Affordable and effective**

- Personalised wellness programmes
- Weight management solutions
- Sport, energy & fitness - introducing BRAND NEW H24!!!
- FREE Wellness evaluation, metabolism & body fat tests
- Weight Loss Challenge Classes only €45 for 12 weeks - Lose weight & win cash prizes!

Call: RONI 021 477 7891 or 086 8316681

**COMEDY NIGHT**

Live at The Blue Haven Hotel



**Barry  
Murphy**

The Hilarious  
comedian from  
Après Match

& WILLIE  
WHITE



**Thursday 18th Oct, 8.30pm**

Doors open at 8pm. Tickets €25

Purchase tickets online  
[www.bluehavenstore.com](http://www.bluehavenstore.com)

or at The Blue Haven

Tel: 021-4772209







# COOKERY DEMOS 2012

Coming Soon...

## THE BLUE HAVEN HOTEL, KINSALE

Learn to cook delicious food, have fun, meet people and experience something new with the team of chefs at the Blue Haven Hotel cookery demos for October to December 2012 - book soon to reserve your place.

TUESDAY OCTOBER 9th - 7pm  
*Sauces, Stocks  
& Soups*

TUESDAY OCTOBER 16th - 7pm  
*Coeliac Cooking*

TUESDAY OCTOBER 23rd - 7pm  
*Ultimate Dinner  
Party*

TUESDAY OCTOBER 30th - 7pm  
*Vegetarian  
Cooking*

TUESDAY NOVEMBER 13th - 7pm  
*Starters, Anti Pasti  
& Mezze Plate*

TUESDAY NOVEMBER 20th - 7pm  
*Everyday Dinners  
& One Pot Suppers*

TUESDAY NOVEMBER 27th - 7pm  
*A Tour of the East*

TUESDAY DECEMBER 4th - 7pm  
*Perfect Christmas*

WEDNESDAY OCTOBER 31st - 10am to 12pm (Mid Term Break)

## *Kids Cooking Demonstration*

Tickets €25 (ages 8-12yrs recommended). Spaces limited.

All classes on Tuesdays are €25 per class or get 4 classes for €90

Contact 021-4772209 info@bluehavenkinsale.com



[www.bluehavencollection.com](http://www.bluehavencollection.com)



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)

9

[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



## Kinsale Health Store

Introduces

### START TODAY

A totally unique  
**Health & Weight Management Programme**

Limited to 12 Places  
Starts October 10th

Register at Kinsale Health Store  
**Tel: 021 477 3521**

## The Spaniard

Scilly, Kinsale

*~Live Music~*

Friday 21st September

**Martin & Friends**, 9pm

Saturday 22nd September

**For Folk Sake**, 9.30pm

Sunday 23rd September

**Michael & Jimmy**, 6pm-8pm  
with Sing Along

Wednesday 26th September

**Our Famous Trad Sessions**  
*with Tom - All musicians welcome!!!*

*~Bar & Restaurant~*

Lunch 12pm-3pm, Mon-Fri, Food All Day, Sat & Sun  
Restaurant Open 6pm Nightly, All Menus Available

*~Private Parties Catered For~*

**Tel: 477 2436** [www.thespaniard.ie](http://www.thespaniard.ie)

## The Market Garden

PEARSE ST., KINSALE. Tel: 021 477 4574

### GENERAL GROCERY

Specialising in Fresh Fruit & Vegetables,  
Dried Fruit, Nuts, Spices and Herbs...  
Fruit Baskets Prepared Potatoes & Vegetables.

Open  
Mon - Sat  
9am to 6pm



## CROLEC

Electrical & Security Services  
RESIDENTIAL OR COMMERCIAL

- Domestic • Commercial
- Industrial Electrical Installations
- Fire Alarms • Emergency Lighting  
(Maintained & Certified)
- Intruder Alarms • CCTV
- Intelligent Building Control Systems

Contact Patrick Crowe

Tel: 021 4774196

Mob: 087 6494864

[info@crolec.ie](mailto:info@crolec.ie) [www.crolec.ie](http://www.crolec.ie)

## SVP

The Society of St. Vincent de Paul  
is available in the Kinsale area

Offering practical help & advice in complete confidence.  
Our members have great experience in helping people  
deal with problems and can link you to service or  
agencies that can help you.

Please contact us at Kinsale: 085 218 6966  
or Tuckey Street, Cork: 021 427 0444

*Barry Collins'*  
**SuperValu**  
Real Food, Real People

# WANTED: Qualified Baker

Barry Collins' Supervalu, Carrigaline, has a vacancy for a Qualified Baker to operate/oversee its new Bakery Department.

**APPLICANTS MUST:**

- √ Have worked as a baker for a minimum of 5 years
- √ Be enthusiastic/flexible
- √ Be fluent English speaking

All applicants in strictest confidence to:

**The General Manager,  
Barry Collins' Supervalu,  
Main Street, Carrigaline, Co. Cork**

**Closing Date: 30th September 2012**

Email applicants to: [gleacy@collins-supervalu.ie](mailto:gleacy@collins-supervalu.ie)



# Bulman Bar & Toddies Restaurant

SUMMERCOVE, KINSALE

~ *Live Music* ~

*Saturday 22nd Sept*

## The Big Ordeal

from 10.15pm

*Sunday 23rd Sept*

## Sweet As

from 6.30pm



Bulman

~ **Bar Food** ~

Served 7 Days, 12.30pm-5pm

Bulman

~ **Bites Menu** ~

Served in the bar  
Tues-Sat 6-9pm

Toddies

~ **Restaurant** ~

A la Carte menu  
Tues-Sat, 6pm-9.30pm

**T: 021 477 2131**  
www.thebulman.ie



## BUTCH ROBERTS' Deep Sea Angling & Scenic Tours

38ft Aquastar 'Sundance Kid'

Operating  
All Year!

- Full & 1/2 Day Trips
- Shark Fishing
- Stag Parties etc.
- Scenic Tours include  
The Old Head etc.
- Whale/Dolphin Tours

M: 086 103 6905

T: 021 477 8054

www.anglingkinsale.com

email: info@anglingkinsale.com



It's Back to School  
**Le French Club**

Is now Enrolling

New Terms start the week of  
September 24th in Kinsale Gael Scoil

We aim to give children a very strong grounding in the French language, culture & heritage. Through fascinating, inspiring activities your child will absorb the French language in a natural, fun, effective way.

Courses for Children age 4-7; age 7-11;  
Junior & Leaving Certificate  
preparation Also available

To avoid disappointment book  
now on: 087-6443574 or email:  
lefunfrenchclub@gmail.com

Limited places available as we wish to keep groups small.



## NEW CAR INSURANCE SCHEME FOR 18-24 YEAR OLD DRIVERS

- ✓ with No Claims
- ✓ Clean Licence
- ✓ Clear Record
- ✓ Car Not Older Than 2001



Contact:

**021 4772001 / 021 4772332**

P.F. Insurances Ltd via P.F. Insurance is regulated by the Central Bank of Ireland.

**FAMILY FUN**  
**Afternoon**  
Sun 23rd Sept 2pm - 4pm



**POSTPONED**  
**STAY TUNED**  
**FOR NEW DATE**

As a thank you for your support over the summer we are inviting you to join us for a Family Fun Afternoon. This time we have Abseiling, Archery and Zipline now is your chance to try our NEW Low Ropes Course



[www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)

# Ena's Hair Salon

Ballinspittle, Co. Cork.  
021-4778776

Free Colour Saving Conditioning Treatment,  
worth €8, with every Colour, Cut & Blow Dry  
Tuesdays, Wednesdays & Thursdays

## -AUTUMN SPECIALS-

1/2 Mesh €50-€55

Full Mesh €70-€75

Semi Permanent Colour only €40  
including Cut & Blow Dry

All Blow Dries €14-€15

Specialising in



**COLOUR HERBE**  
Permanent Hair Colour

Open Tuesday - Thursday: 9am - 6pm  
& Saturday: 9am - 5pm  
Late Opening Friday: 9am - 7pm

**AA firesafety**  
PROTECTION



**AA firesafety**  
TRAINING

## AA firesafety GROUP

- Fire Extinguishers Supply, Rental, Servicing & Refilling
- Ansul Suppression Systems
- Vehicle Suppression Systems
- Fire Alarms • Spill Control Kits - Supplied & Refilled
- Fire Hoses - Stand Pipes, Keys & Bars
- Fire Hydrants - Tested
- First Aid Kits - Supplied & Refilled
- Safety Signs - Supplied & Fitted
- Fire Training
- Health & Safety training

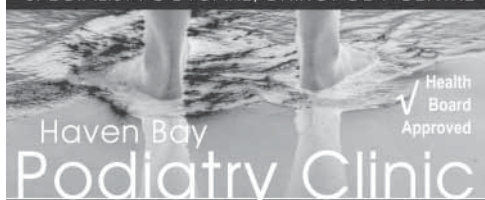
**086 265 4375 or 021 477 5868**

[mark@aafiresafety.ie](mailto:mark@aafiresafety.ie)

[www.aafiresafety.ie](http://www.aafiresafety.ie)

Mark Costelloe, Director, Ballyvryn, Dunderrow, Kinsale, Co. Cork

### SPECIALIST FOOTCARE/CHIROPODY CENTRE



Haven Bay  
**Podiatry Clinic**

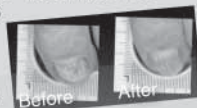
**Laura Hagger**

Chiropodist/ Podiatrist D.Pod.M. M.Ch.S.I. S.R.Ch.

### \*NEW\* The Cutera Genesis+



For drug free treatment of  
fungal nails  
and quick  
effective  
treatment  
of verrucae.



Routine Footcare • Specialist Diabetic Footcare  
Nail Surgery • Orthoses & Insoles • Sports Injuries  
Children's Foothealth • Verruca Treatment  
Acupuncture • House calls now available

**By Appointment: 021 477 9578**

No. 26 Haven Bay Apt, Ballinacubby, Kinsale



**KINSALE**  
Outdoor Education

*Find Adventure!*



Pick  
up our  
brochure  
or see our  
website

# Winter/Spring Programme 2012/2013

Day Courses - Saturday Courses - Evening Courses - Just For Kids

## **First Aid & AED Module - €125**

Starts Oct 13th 2012, runs for two consecutive Saturdays from 10am-4.30pm

## **Essential Navigation - €195**

This course is designed for those who wish to get to grips with the essentials of chartwork, use of GPS, weather, tides and safety at sea. Ideal for the leisure sailor or powerboater.

**Course runs over 6 consecutive Wednesdays beginning: Oct 10th**

## **Day Skipper - €350**

Shore based course which will give you a thorough grounding to seamanship, nautical terminology, ropework, collision regulations and navigation techniques. Essential understanding of weather tides and safety also covered. RYA Day Skipper and Watch leader cert awarded to successful candidates.

**The course runs over 14 consecutive Tuesdays beginning Oct 9th 2012**

### **OTHER COURSES INCLUDE:**

**Yachtmaster Offshore, VHF SRC 1&2,  
Powerboat Seamanship, Sailing (Beginners & Improvers)**

### **...JUST FOR KIDS:**

**Mid-Term Multi Activity Camp, Sailing Camp, Kayaking Course**

**Tel: 021 4772896 [www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)**



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)



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Cead Mile Fáilte to Harry Winthrop Mayor of Newport RI  
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**Friday 21st September**

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**Saturday 22nd September**

**Live Music (TBC) 10.30pm**

**Sunday 23rd September**

**Mike O'Riordan 9.00pm**

**Thursday 27th September**

**Shane & Friends 9.30pm**



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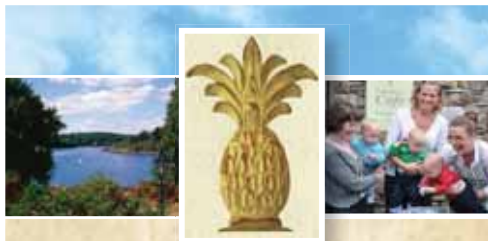
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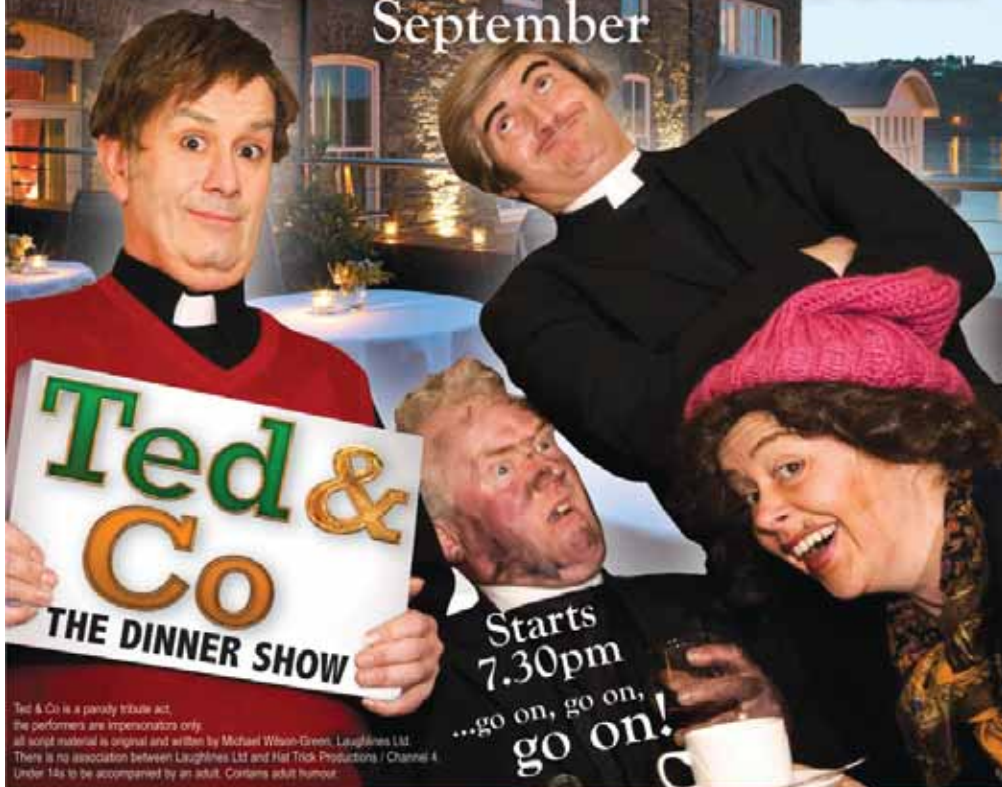


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## Tues 25th & Wed 26th

September



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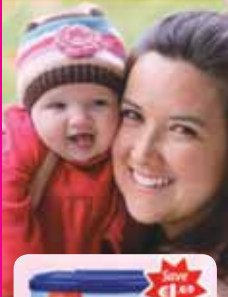
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6-9yr olds (boys & girls) ..... 3.30pm-4.15pm  
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- Inquiries to John Walsh 086-8199611
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- for the month of holy souls -

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house of Prayer  
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Saturday 3rd November 2012  
- Staying Overnight -

**- Also Calling to Knock -**

**Saturday 3rd November**

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6.15am Belgooly  
6.30am Riverstick  
6.40am Five Mile Bridge  
7.00AM Parnell Place

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## Thank You

To everyone who attended the Welcome Home Party for Kinsale Paralympian sailor John Twomey & his Team in The Lord Kingsale Last Saturday Night.

Thanks also to all those who helped out on the night and sponsored the event.

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Vat Returns, Payroll, Bookkeeping, Business Plans,  
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Email: [acornaccounting@eircom.net](mailto:acornaccounting@eircom.net)



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Building Energy Rating Certificates

Anthony Hayes B. Arch

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Sky - Free 2 Air - Saorview

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Now Open @ 18 Main Street, Kinsale

Hems • Zips • Buttons • Patches  
Sewing • Curtains • Taking Up

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*Why Bother with Establishing A Lawn When You  
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RID YOUR PROPERTY OF DAMP & MOULDY ROOMS**

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- ✓ CONSERVATORIES ARE OUR SPECIALITY

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[www.insulex.ie](http://www.insulex.ie)

email: [info@insulex.ie](mailto:info@insulex.ie)

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*Manufacturers of Quality Roller, Venetian and Vertical Blinds*

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Tel/Fax: 021 484 1297  
Mobile: 087 234 2515

Email: [colemanblinds@eircom.net](mailto:colemanblinds@eircom.net)

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Fascia and soffit,  
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Complete Design &  
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Also: Footpaths, Slabbing & Kerbing  
Drainage, New & Repaired  
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### Expert Cleaning Services:

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OF ABC DOMESTIC APPLIANCE REPAIRS LTD.

M: 087 779 0804  
T: 021 483 3032

### Declan Ryan Wood Handcrafted Wooden Solutions

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[declanryanwood@yahoo.com](mailto:declanryanwood@yahoo.com)

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Kinsale Co. Cork



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Beach Riding, Countryside Trekking, etc.  
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Mature creative lady with great organising ability and integrity seeks 10-15 hours p/w.  
email: [jenni040@gmail.com](mailto:jenni040@gmail.com)  
Tel: 086 170 3635

### Experienced Lady Available

For housework, ironing etc.  
References available, own transport

### Enquiries to Box No. 17/12

c/o Kinsale Advertiser, Emmet Place, Kinsale. Tel: 021 4774313

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## PETS

**FORT ARTHUR  
BOARDING KENNELS**  
KINSALE Prop: Avril Copithorne  
Personal Attention  
Open All Year  
Tel: 021 477 8002 or 085 729 7233



REASONABLE RATES

**Belgooly Boarding Kennels & Cattery**  
Kennels open all year.  
Spacious individual kennels.  
Long country walks twice a day.  
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Because they're worth it!!!



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Ballinspittle Village  
Open Tues - Sat  
9.30am-5pm  
T: 021 470 8860  
M: 086 0655 748  
[www.alldoggrooming.ie](http://www.alldoggrooming.ie)

**'Home From Home'**  
Individually Heated Kennels • Large outdoor exercise area  
Tel: 477 0919 - 086 392 3447 - 086 155 1541  
Don't forget to have your pet's vaccinations up to date! ...see your vet!

## FOR SALE

**Hohner Black Dot Button Accordion**  
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Call: 087 3271195

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### Maths Grinds 023 8849523

Kilbriann Area, 17 years experience.  
Second and Third level, Includes Project Maths.

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Italian Mother Tongue, adults & children  
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**Call: 085 840 0381**

### Junior Cert & Leaving Cert Maths & Science Grinds 087 782 8911

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Available to give one-to-one help with  
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**Call 087 1343165**

## SITUATIONS VACANT

### WANTED: Qualified Baker

Barry Collins' Supervalu, Carrigaline, has a vacancy for a  
Qualified Baker to operate/oversee its new Bakery Department.

#### APPLICANTS MUST:

- √ Have worked as a baker for a minimum of 5 years
- √ Be enthusiastic/flexible
- √ Be fluent English speaking

All applicants in strictest confidence to:

The General Manager, Barry Collins' Supervalu,  
Main Street, Carrigaline, Co. Cork

**Closing Date: 30th September 2012**

Email applicants to: [gleacy@collins-supervalu.ie](mailto:gleacy@collins-supervalu.ie)

### Apprentice Barber Wanted

Call Paul 087 680 9578

### Accounts assistant required.

3 to 4 weeks work available. Must have basic  
accounts experience & knowledge of Quickbooks.

Contact Jon on 087 8768549

or [info@surfgtown.com](mailto:info@surfgtown.com)

### Part/Full Time drivers wanted

D & D1 Licence

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c/o Kinsale Advertiser, Emmet Place, Kinsale

### Live-in House Keeper/ Childminder

Required Full Time

√ Full driving licence essential

√ Experience essential

email: [elitepropertieskinsale@gmail.com](mailto:elitepropertieskinsale@gmail.com)

**or send your details to Box No. 16/12**

c/o Kinsale Advertiser, Emmet Place, Kinsale

### CHEF REQUIRED

Australian opportunity for work  
on paradise 'Lord Howe Island'.

**Contact: [kathy.sherwood58@gmail.com](mailto:kathy.sherwood58@gmail.com)**

### Café Staff Wanted

Must be able to make good coffee,  
light lunch menu prep, have own  
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Weekend work.

**Please apply to Box No: 15/12**

c/o Kinsale Advertiser, Emmet Place, Kinsale

## Lemon Leaf Café

Experienced  
Wait Staff Required  
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Contact Barry at The Lemon Leaf Café  
Tel: 021 4709792  
Email: [info@lemonleafcafe.ie](mailto:info@lemonleafcafe.ie)

Ensuite Room To Let  
Kinsale Town Centre  
Tel: 087 226 2101

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Apartment (Kinsale Town  
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## PROPERTY

### Fully Furnished Cottages to rent opposite Garretstown Beach

4 bedrooms/3 bathrooms  
central heating and  
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All Kitchen appliances provided  
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Utilities extra

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### Secure Winter Indoor Dry Storage Available

Ideal for Dragons & Squibs  
Anything on trailer up to 30ft.  
Prices include power wash.



Price on app - Excellent rates available - Limited spaces  
1.5km from Kinsale

Call today to book your winter storage.

**Phone 087-7913337**

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### TO RENT: LANZAROTE

Beautiful one bedroom apartment  
with sea views in Malagonza,  
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with heated swimming pool.  
Close to all local amenities.  
5 minutes walk to the beach.  
10 minutes from airport.  
Satellite TV including  
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or 087-986 3302

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DOUBLE ROOM EN SUITE  
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PRICE RANGING FROM  
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Available for Winter let. Fully furnished.  
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Inner harbour views, extra storage room,  
bright, clean, fully furnished, parking.  
Rent negotiable. Call 086 8200283

### BIG, BRIGHT, BEAUTIFUL DOUBLE BEDROOM FLAT TO LET: ST JOHN'S HILL, KINSALE

Charming renovated Georgian house with  
lovely sea views + access to gardens at The Bowling  
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## CHILDCARE

Fun child developmental classes through Music, Puppets, Singing, Dancing & Story-telling



### Bumble-Bees

Kinsale Classes: Tuesdays & Fridays  
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Ages 2mths-5yrs,  
in agreement with parents/guardians

**CECILY COTTER: 086 371 2626**

**BOOK NOW - [www.bumble-bees.ie](http://www.bumble-bees.ie)**

**BOOK NOW FOR SEPTEMBER**



**SOME SPACES HAVE JUST BECOME AVAILABLE**  
CONTACT US FOR DETAILS

**FREE ECCE PRESCHOOL YEAR**  
3hr SESSIONS, BOOK NOW - NO ADDITIONAL COSTS  
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TOP QUALITY SHOW FOR YOUR CHILD'S SPECIAL DAY

Live Concert • Fun & Games  
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**MORE SPACE AVAILABLE NOW FOR PART TIME & FULL DAY**

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Little Rascals is a *State of the Art* facility. In its superb setting at Compass Quay we offer:

- Baby-Room/Toddler-Room
- Montessori Classes (free ECCE scheme)
- After-School Club (school collection)

We offer a Montessori programme to meet all your child's social, emotional and intellectual needs.



- A spacious Car Park
- Large secure Gardens with playgrounds
- Large bright colourful rooms

#### Opening Hours

8am-6pm, Full Daycare

8am-1pm, Part-time

9am-12.30pm, Sessional Care

We also offer hours to suit your needs on an hourly rate!

Fiona: 021 477 7687 - 087 224 8816  
[fionaodonovan08@gmail.com](mailto:fionaodonovan08@gmail.com)



## Busy Bees Montessori School

Annmount, The Rock, Kinsale

New Times from September 2012

Montessori Session now running from 9:15 to 12:15 Monday to Friday.

Limited places available for September 2013, enrol your child now to avoid disappointment.

For more information contact Eileen on:  
021-4709689 or 086-3786525  
or [busybeesmontessori@gmail.com](mailto:busybeesmontessori@gmail.com).

## KINSALE ADVERTISER

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PDF uploaded every Thursday (3mb approx).  
Back issues also available.

## HAIR, HEALTH & BEAUTY

### ANN'S HAIR CREATIONS

Ladies & Gents Hair Salon The Glen, Kinsale. T: 021 477 2030

#### SPECIALS:

- Full Head Mèche inc cut/blowdry  
Only €65 every Thursday/Friday
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- Also specialising in Herbal Colour  
& Balayage Technique

T: 021 477 2030  
Tues to Sat: 9.15am-6pm

FREE  
CAR PARK  
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## Polytunnel & Allotment

Large polytunnel and allotment to let, reasonable rent, 6 miles from Kinsale. Would suit organic horticulture or herb production. 087 1915266

## Poker Players Wanted

A local Texas hold'em  
game every Tuesday Night

If interested please call Derek  
**086 2268274**



## HOST FAMILY REQUIRED

in, or very near Kinsale Town

French Male Intern (23yrs) for 6 months  
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Apply Kathy@careertraining.ie or 086 2288686

## Michelle's Hair Creations

LADIES & GENTS

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T: 021 477 3133

14 Pearse Street, Kinsale, Co. Cork



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61 MAIN STREET, KINSALE

Tel: 021 477 3900

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## Jack & Jenny's Fair

In aid of their trip to Ghana

Sat 22nd Sept  
Temperance Hall, 10am

(open all day)

Projects Abroad

Tea, Coffee, Cakes &  
Lunch, Clothes, Jewellery,  
Books, Games, Bric-à-Brac

South East Hurling Final  
Kinsale V Ballinhassig

Sat 22nd Sept, Carrigaline at 8pm.

Please show your support.



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[www.facebook.com/KinsaleNews](http://www.facebook.com/KinsaleNews)



## NOTICES

### Kinsale Heritage Town Walk

**DERMOT RYAN 086 826 7656**

**From The Tourist Office**

**at 10.30am Daily & 3pm (by Appointment)**

Number 1 Kinsale Attraction & Cert of Excellence on



**BEST GUIDE IN IRELAND AWARD**

*-IRISH INDEPENDENT*

Adults €5, Children Free



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Starting soon in Kinsale.

Anne-Marie Levis (CIMI) 087 967 3143  
VHI, Aviva and Quinn Approved



First Steps in Music

### INSTRUMENTAL CLASSES

Beginners to diploma level. Adults & Children. Junior pupils have free admission to Musicmakers choir and orchestra. Concerts, duet workshops and optional exams.

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T: 087 951 3589 E: [info@musicmakers.ie](mailto:info@musicmakers.ie)  
[www.musicmakers.ie](http://www.musicmakers.ie)

### Kinsale Rugby Club

Sun 23rd Sept: Kinsale RFC Vs. Bandon RFC

Round 1 Challenge Shield - Snugmore, Kinsale. Kick off @ 2:30pm

You can now do the Kinsale RFC lotto online at [www.kinsalerfc.com](http://www.kinsalerfc.com)

This weeks Jackpot Stands at €5,500

### Festival Of Flowers 'From The Rich Earth'

Sacred Heart Church, Belgooly, 5th - 7th October 2012

Entry €10 (inc refreshments). Proceeds to Clontead Parish Funds,

Kinsale Community Hospital & The World Flower Show 2014

Further Details: Eileen 021 4773256 or Nicola 086 8515371

### DON & BARRY'S HISTORIC STROLL, KINSALE

From the Tourist Office @ 11.15am Daily  
+ Our Early Bird @ 9.15am, Mon-Sat

"Excellent ...Kinsale's single  
best attraction" - Rick Steves

[www.HistoricStrollKinsale.com](http://www.HistoricStrollKinsale.com) Tel: 087 2500731  
Adults €6 / Children €1

CELEBRATING OUR 20TH SEASON

### Katie Perry Fame Academy Theatre School

Starts: Thursday 27th Sept  
Temperance Hall, Kinsale, 3pm-4.30pm  
Call: 085 2070950

### ANTENATAL CLASSES IN KINSALE

A series of 5 classes to help you  
prepare for labour & birth.



Registered Midwife &  
Lactation Consultant

**FOR MORE INFORMATION  
RING: 087 419 8764**

[www.breastfeedingconsultant.ie](http://www.breastfeedingconsultant.ie)  
[www.facebook.com/breastfeedingclass](http://www.facebook.com/breastfeedingclass)

### HARBOUR CRUISE

Departure Beyond Actons Hotel on board 'Spirit of Kinsale'



Fri 21st Sept: 4pm  
Sat 22nd Sept: 2pm & 3pm  
Sun 23rd Sept: 2, 3 & 4pm  
Monday to Thursday: 2pm

Complimentary Tea/Coffee Served  
Cruises are subject to weather and tide.

**T: 086 250 5456**

[www.kinsaleharbourcruises.com](http://www.kinsaleharbourcruises.com)

for the very latest see... [www.kinsaleadvertiser.com/whats-on](http://www.kinsaleadvertiser.com/whats-on)

### FRI 21st SEPT

**BACCHUS NIGHTCLUB:**  
with DJ Garian, 11.30pm.  
**BLUE HAVEN:** The Sons of  
Steve McQueen, 10pm.  
**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.  
**DON & BARRY'S TOURS:**  
From The Tourist Office,  
9.15am & 11.15am.  
**FOLKHOUSE:**  
Bone Dog Blues Band.  
**HAMLETS CAFÉ BAR:**  
Hamlets' 80s Party.  
**HARBOUR CRUISE:**  
From The Pier @ 4pm.  
**KINSALE BRIDGE CLUB:**  
Trident Hotel, 10.30am.  
**KINSALE GAA:**  
A Night At The Dogs,  
Curraheen Park, 7.47pm.  
**KINSALE RUGBY CLUB:**  
Adult Training, 7.30pm.  
**SPANIARD BAR:**  
Martin & Friends, 9pm.  
**TEMPERANCE HALL:**  
Drum Circle, 7.30pm.  
**WHITE HOUSE:**  
Shane & Friends, 9.30pm

### SAT 22nd SEPT

**ARMADA BAR:**  
Live Music by  
The Ferrymen.  
**BACCHUS NIGHTCLUB:**  
with DJ Sean, 11.30pm.  
**BLUE HAVEN:**  
Crazy Chester, 10pm.  
**BULMAN, SUMMERCOVE:**  
The Big Ordeal, 10.15pm.  
**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.

**DON & BARRY'S TOURS:**  
From The Tourist Office,  
9.15am & 11.15am  
**FOLKHOUSE:**  
Live Music with iFunk.  
**HAMLET CAFÉ BAR:**  
DJ Mark.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm & 3pm.  
**KAYAK & CANOE RIVER RUN:**  
Kilmacsimon Quay to  
Kinsale, 9am.  
**KINSALE COLLEGE OF  
FURTHER EDUCATION**  
Open Day, 2pm-5pm.  
**KINSALE GAA:**  
Kinsale V Ballinhassig,  
at Carrigaline, 8pm.  
**KINSALE RUGBY CLUB:**  
Underage Training, 10am.  
**LORD KINSALE:**  
Live Music with Tim Martin.  
**SILENT BANJO:**  
Live Music &  
Heineken Promotion.  
**SPANIARD BAR:**  
For Folk Sake, 9.30pm.  
**TEMPERANCE HALL:**  
Jack & Jenny's Fair,  
from 10am.  
**WHARF TAVERN @  
THE TRIDENT HOTEL:**  
Music by Tom Daly, 9pm.  
**WHITE HOUSE:**  
Live Music, 10.30pm.

### SUN 23rd SEPT

**ARMADA BAR:**  
Music by Free Beer.  
**BLUE HAVEN:**  
Live Music by  
Elly & Friends, 9.30pm.  
**BULMAN, SUMMERCOVE:**  
Sweet As, 6.30pm.

**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.  
**DON & BARRY'S TOURS:**  
Tourist Office, 11.15am.  
**FOLKHOUSE:**  
The Big Ordeal.  
**HAMLETS CAFÉ BAR:**  
Crazy Chester, 9.30pm.  
**HARBOUR CRUISE:** From The  
Pier @ 2pm, 3pm & 4pm.  
**KINSALE OUTDOOR  
EDUCATION CENTRE:**  
Family Fun Afternoon,  
**POSTPONED - STAY TUNED  
FOR NEW DATE.**  
**KINSALE RFC:**  
Kinsale V Bandon,  
Snugmore, 2.30pm.  
**SPANIARD BAR:** Michael  
& Jimmy with Sing-Along,  
From 6pm-8pm.  
**WHITE HOUSE:** Live Music  
by Mike O'Riordan, 9pm.

### MON 24th SEPT

**BLUE HAVEN:**  
Trad with John & Friends,  
plus Irish Dancing.  
**DALTONS BAR:** Traditional  
Irish Music & Ballads.  
**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.  
**DON & BARRY'S TOURS:**  
From The Tourist Office,  
9.15am & 11.15am.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm.  
**TEMPERANCE HALL:**  
Set Dancing, 8.30pm.  
Every Monday.

### TUES 25th SEPT

**BLUE HAVEN:**  
Live Music by  
Sonny & Friends, 9.30pm.  
**DALTONS BAR:** Traditional  
Irish Music & Ballads.  
**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.  
**DON & BARRY'S TOURS:**  
From The Tourist Office,  
9.15am & 11.15am.  
**FOLKHOUSE:**  
Richie & Sean, 9.30pm.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm.

**HAMLETS CAFÉ BAR:**  
Sonny & Friends.  
**KINSALE BRIDGE CLUB:**  
Trident Hotel, 7.30pm.  
Every Tuesday.  
**KINSALE RUGBY CLUB:**  
Adult Training, 7.30pm.  
Every Tuesday & Friday.  
**TRIDENT HOTEL:**  
Ted & Co. Dinner Show,  
starts 7.30pm.

### WED 26th SEPT

**ARMADA BAR:**  
Tommy McNulty.  
**BLUE HAVEN:**  
Trad with John  
& Friends, 9.30pm.  
**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.  
**DON & BARRY'S TOURS:**  
From The Tourist Office,  
9.15am & 11.15am.  
**HAMLETS CAFÉ BAR:**  
Niall McCabe Band  
**HARBOUR CRUISE:**  
From The Pier @ 2pm.  
**SPANIARD BAR:**  
Trad Session with Tom.  
Every Wednesday.  
**TRIDENT HOTEL:**  
Ted & Co. Dinner Show,  
starts 7.30pm.

### THURS 27th SEPT

**BACCHUS NIGHTCLUB:**  
with DJ Mark, 11.30pm.  
**BLUE HAVEN:**  
Trad with John & Friends  
plus Irish Dancing.  
**DALTONS BAR:** Traditional  
Irish Music & Ballads.  
**DERMOT RYAN'S HERITAGE**  
**WALKS:** 10:30am & 3pm (by  
apt) From The Tourist Office.  
**DON & BARRY'S TOURS:**  
From The Tourist Office,  
9.15am & 11.15am.  
**FOLKHOUSE:**  
Live Music by Treble  
(Niall, Mike & Friends).  
**HAMLETS CAFÉ BAR:**  
Darren & Friends.  
**HARBOUR CRUISE:**  
From The Pier @ 2pm.  
**WHITE HOUSE:**  
Live Music with  
Shane & Friends, 9.30pm.

## Kayak & Canoe River Run

Saturday 22nd September

Kilmacsimon Quay to Kinsale, 7 miles.

Registration @ 9am.

(entrants must be at least 16yrs or have level 2 cert).

€25 entry. Free BBQ

plus Raffle Fundraiser for the

102nd Kilbrittain Scouts

Contact: 086 532 2084





**KINSALE COLLEGE  
OF  
FURTHER EDUCATION**



# OPEN DAY

**SATURDAY 22nd SEPTEMBER 2012  
2pm - 5pm**

*Interested in developing your talents?  
...Maybe we can help!*

We have interesting courses to help you develop new skills which may help you in your search for employment or if you simply want to add another string to your bow!

**WE OFFER THE FOLLOWING FETAC LEVEL 5 / 6 COURSES  
COMMENCING SEPTEMBER 2012:-**

ART • CHILDCARE • CARING FOR THE ELDERLY  
HOTEL & CATERING • PROFESSIONAL CULINARY ART  
COMPUTER SKILLS • THEATRE PERFORMANCE  
HORTICULTURE • BUSINESS MANAGEMENT  
OUTDOOR EDUCATION INSTRUCTORS COURSE  
MULTIMEDIA • TV & FILM PRODUCTION

Why not call in and pick up relevant flier or contact the college at  
Tel: 021 4772275 Email [kinsalefurthered@eircom.net](mailto:kinsalefurthered@eircom.net)  
[www.kinsalefurthered.ie](http://www.kinsalefurthered.ie)

